

EZ VAKEVES (Israel)

Source: A lively, playful dance by Yoav Oshriel, music and lyrics by M. Shelem. The title means "The Goat and Sheep Are Shorn."

Record: Tikva T 69 Vanguard VRS 9048

Formation: Single circle of cpls, M facing CCW. R hands joined chest high, L hands raised up over height of head, Israeli style.

Steps: Running, Stamp, Leap, Slow Buzz Turn (Pivot)

Measures
(4/4)

Introduction

I.

1 Move CCW M and W each beg R, M moves fwd W bwd with 4 running steps (cts 1-4).

2 Step R twd ptr (ct 1). Leap onto L, reversing pos with ptr. M now back to LOD (ct 2). Jump onto both ft (ct 3). Land on L (ct 4).

3 - 4 Repeat the action of meas 1-2 (Fig 1) moving CW to original pos.

II.

Note: M dance strong and vigorously, strong arms swung in a controlled manner.

5 Release hands, M stamp R twd W, straight knee, bringing R shoulder fwd, R arm down at side, looking over R shoulder at W (ct 1). Hold (ct 2). Leap to L on L, bring arms to L (ct 3). Close R to L, stamping R heel (ct 4).

6 Stamp R fwd twd W, bring hands strongly down by side (ct 1). Hold (ct 2). Stamp L twd W. L shoulder fwd twd W (ct 3). Hold (ct 4).

7 - 8 Repeat the action of meas 5 - 6 (Fig II).

W dances following steps simultaneously with M action during meas 5-8 (Fig II).

5 Hands down, palms facing ptr, step fwd R twd ptr, bend both knees, palms move fwd (ct 1). Step L in place, heel a little off floor hands come back (ct 2). Step straight back on R, turn palms away from ptr (ct 3). Step L in place, heel slightly off floor (ct 4).

6 - 8 Repeat the above action three more times.

III.

Ptrs face each other, join hands straight across, knees bent, M move fwd, W bwd.

9 M make a high leap fwd onto R ft and simulate a small circle (ct 1).

EZ VAKEVES (CONT.)

Measures Pattern

small step fwd L (ct 2), heel-toe with R near L toe (cta 3,4).
W does same step during meas 1 but moves bwd. Heads move
slightly for both M and W from side to side as if saying "no."
Joined hands can make a little circle by moving outward and
inward on leap.

10 - 12 Repeat the action of meas 9 (Fig III) three more times.

IV.

R hand around ptrs waist, L hand raised up and outward,
Israeli style, pivot turn.

13 - 14 Step R, bending knee (ct 1). Step on L toe, straightening knees,
beg CW turn (ct 2). Step R, bending knee (ct 3). Step on L toe
straightening knees (ct 4). Step R, bending knee (ct 5). Step on
L toe, straightening knees (ct 6). Step on R in preparation
to reverse arm hold and footwork to turn CCW (ct 7).
Brush L fwd (ct 8).

15 - 16 Buzz turn CCW, beg L ft. L hand around ptrs waist.

Words for Ez Vakeves

Ez vakeves K'var nigzazu
Sass ha'eder shuru na
Be 'igul ro'im achazu
Ufihem yiftzach rina
Hagda'im betzlilim
Hakvasot bimtzirot
Ha ro'im bechalilim
Haro'ot bimcholot
Ko lechai /2 Ko yariya har vagai
Choresch sadeh vanir
Pney hatzon kidmu bashir
Sovu na /2 Sovu bamachol) 2

The goat and sheep are shorn
The flocks bleat, look out now
Hand in hand the shepherds dance
Voices ring out in song
The kids with bells
The sheep with cymbals
The shepherds with flutes
Young girls in dance.
Shout out hill and vale
Field, grove and meadow
Welcome the flocks with song
Turn around in the dance.

Presented by: Ruth Browns